

## Lesson 1

### Parts of Speech - Verbs

**Verbs** are the most important words in a sentence. Verbs are the first of the eight parts of speech that we will be studying. Most verbs are action words, but a few verbs indicate state of being or existence. The first lessons will be about verbs, and how they are recognized and used.

**Instructions:** Find the **verbs** in the following sentences. They are *action verbs*.

1. The wolf ran across the sand.
  
2. Sit down.
  
3. The dog barked at the man.

Note: All these verbs are *action verbs* since they show action. *Action verbs* are the most common verbs.